



WMCCL Round 9

**31st October 2021
Hereford**

Date: 31st October 2021

Event Location: HEREFORD LEISURE CENTRE
HOLMER ROAD
HEREFORD
HR4 9UD

Organiser: Matt Williams
E-Mail: matt@runandride.co.uk

Class of Event:

The event is part of the West Midlands Cyclocross Series, with all categories to be run under current BC Regulations.

Prize List:

No individual prizes for this race on day. Series points and prizes awarded at the end of the season.

Race HQ:

Inside the main Leisure Centre by the café. No bikes or dirty foot ware inside the center please

Registration:

Advance entry only on-line for all ranking races via BC web site www.britishcycling.org.uk
Sign-On, distribution of number boards at Race HQ.

Opening times: Sunday 08:00 – 14:00

Registration for each race closes 30 minutes prior to the scheduled race start time.

Timekeeping:

Provided by D3 Racetech, professional chip timing services.

Results:

Results can be found on the D3 Racetech website <http://results.d3racetec.co.uk>

Commissaires:

Chief Commissaire: Gordon Seires

Panel: TBC

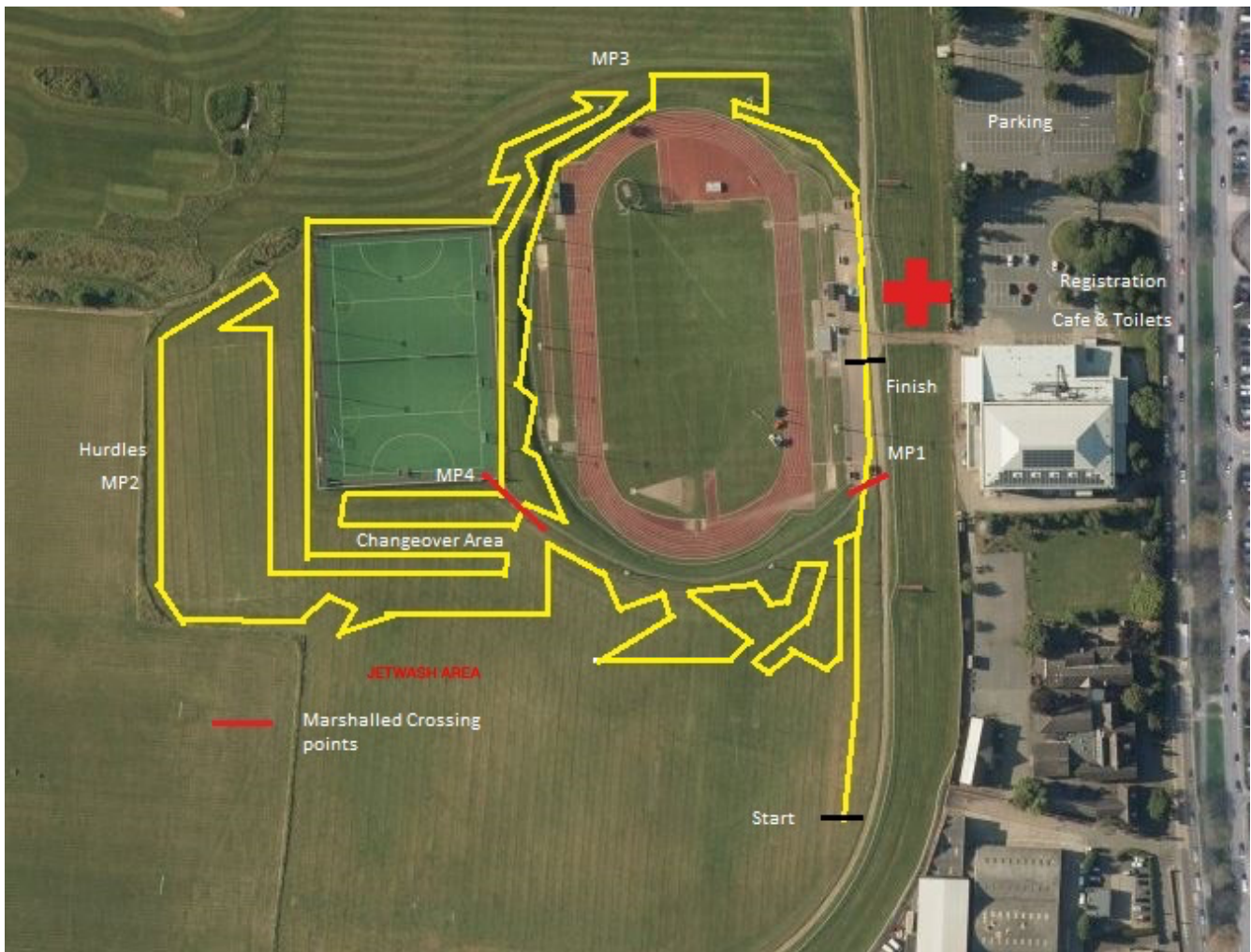
Timetable:

Start Time	Category	Distance
10:00	Under 6 & Under 8	10 minutes
10:20	Under 10	10 minutes
10:45	Under 12	15 minutes
11:10 – 11:30	Course Practice	
11:30	Youth u14 & u16	30 minutes
12:15	Vet 50+ Men	40 minutes
13:05 – 13:35	Course Practice	
13:35	Junior Women	40 minutes
13:35	Women	40 minutes
14:30	Junior Men	50 minutes
14:30	Senior Men	50 minutes
14:30	Vet 40+ Men	50 minutes

*Course Practice is subject to change at short notice due to factors beyond our control. All competitors must enter the course at the designated point, where any last minute information can be relayed to you via a Commissaire or race official.

** The course is only open for practice during the times above. Please adhere to these and note the riders who are authorised take partake. Riders seen on the course outside of the times will be asked to leave the course or face a DQ.

Course/Location:



Directions

- From North – Follow the A49 into Hereford. Cross the A4103 and the venue is 400 meters on your right.
- From South – A49 from Ross On Wye. Stay on the A49 through the center of Hereford. Follow the A49 out of Hereford and the leisure Centre is on your left.

Nearest Airports:

NA

Nearest Railway Station:

Hereford Train Station – 2miles

Nearest Hospitals:

HEREFORD HOSPITAL, STONEBOW ROAD, HEREFORD, HEREFORDSHIRE HR1 2BN

Accommodation:

Hotels:

Accommodation:

NA

Local Police

HEREFORD POLICE STATION

BATH STREET

HEREFORD

HR1 2HT

Local Fire station

101-107 ST OWEN'S STREET

HEREFORD

HR1 2JW

Covid Protocols

By choosing to attend the event, you are confirming:

a) That you have not developed, or have any Covid-19 symptoms (fever, continuous cough or loss of taste and smell) in the run-up to the event

b) That you have not been advised to self-isolate due to any possible contact with another individual who has developed symptoms, or having returned from countries on the current restricted list

Every competitor and supporter travelling to the event should undertake a self-assessment based on these criteria and only attend if the answer to all questions is **NO**

Registration

Queueing for sign-on will need to follow social distancing guidelines (1m+ gaps). We will have screens at sign-on to protect our volunteers. We will not be asking you to physically sign against your name or show your licence. Volunteers will tick you off the list and hand you a sealed race pack containing your timing chip, number board and cable ties.

After racing, timing chips should be removed and placed in the bucket after the finish line. Do not leave the course area with your timing chip.

Technical Zone

As part of the latest British Cycling 'Way Forwards' guidance, dated 17th May, a technical zone will be offered at this event. Please treat this area as you would in all other aspects of life, adhere to the social distancing guidelines of 1m+, and wear a face covering unless exempt. Racers' safety is the key priority, so do not touch or interfere with another rider's equipment, inside or outside of the technical zone.

Practice

It is essential that you keep moving at all times and no stopping on course, otherwise congestion will build up. You must not leave or rejoin the course to practice specific sections, as access to the course is only from the Pit area, start and finish lines. You must not attempt to access the course at any other time and if marshals or commissaries observe any deviation from these instructions they are entitled to disqualify you, delay the start of a race or cancel a specific race as required.

Bike Washing

Washing of a bikes must be done in the designated area only. Bikes **must not** be cleaned in the car park area.

Coaching Boards

These will be available for use by anyone who holds a valid BC coaching qualification. Please present your licence at Race HQ, where you will be loaned a coaching number board for the duration of the practise session. Your details will be noted, and it is important that you return this board at the end of the session. Failure to do so will result in a lack of boards for other rounds and the possibility that you will not be able to obtain one at future events.

Gridding

Gridding will be in line with social distancing guidelines. This means that there will be more rows of riders spread out over a wider area. This should mean the field spreads itself out more quickly. If additional layers of clothing are required during gridding, riders should bring a bag to place clothing in. However, riders are encouraged to come to the start line ready to race with no spare clothing or bags, where possible.

Attendees & Spectators

Please consider carefully who needs to attend the event and stay at home where possible. When on site, please remember that crossing points will be the highest risk areas for spectators, so there is likely to be a queuing system in place. This will require patience, so please leave plenty of time to get around the course and follow all instructions given by event staff and marshals.

Toilets and Showers

Toilets will be provided inside the main Leisure Centre, and queuing will follow social distancing guidelines.

We are unable to make showers available at this event

Any on-site caterers will have their own social distancing arrangements. **Please follow all instructions you are given.**

Camping

No Camping available at this event

Podium

NA

Parking

The Leisure Centre car park is "Pay And Display" at a cost of £1 for 4 hours or £3 for over. The car park is monitored by an external company and fines are given out. Please ensure there is a minimum of 2 meters between your vehicle and the next when parking. Vehicles must not be parked on a slope above a camping area. Before leaving your vehicle double check that the hand brake is full engaged

Emergency access

If emergency access is restricted at any point the safety officer should be contacted. If the safety officer cannot clear access or find another emergency access route the event should be postponed until an access route is cleared.

Fire

In the event of a fire being discovered, a fire alarm must be sounded to alert the public via the PA system and loud hailer. In this case the Safety Officer and marshals will evacuate the area to a safe distance and contact the local fire and rescue service immediately.

Dangerous Object

If a dangerous object is found during the event, competitors should be directed immediately away from the object by marshals. The Safety Officer will then be informed and will make a decision on the safety of continuing the race or put in place any course changes that are needed.

Medical Plan

First aid will be provided by independent event medical providers. The independent event medical provider will be responsible for the provision of first aid at the event and will have overall control of medical emergencies in their designated areas.

First Aid facilities will be provided on site for all staff and the anticipated number of public utilizing the event areas during the event period. For the build and breakdown periods, each contractor will provide his or her own first aid kits and nominated first aiders. Should an accident be deemed serious enough by the Independent Medical Provider, the NHS ambulance service will be called via the 999 systems. A first aid point will be located next the Race HQ in the arena. The First Aid point should be provided with contingency plans and site communications.

Accident and Dangerous Occurrence Log

An accident log will be kept by the First Aid providers. All accidents occurring during the event should be logged and kept on file. All accidents, diseases and dangerous occurrences may be reported to the HSE Incident Contact Centre.

High winds

If the gusts or continuous wind speeds are consistently above 40mph the event will have to end as the Forestry Commission will close the site for safety. In this event, the organising team will inform all competitors and staff. This would be communicated on site by the PA system and walk around the camping area. The marshal team will assist with the evacuation to clear the arena and car park areas safely and orderly.

Electrical and Lightning Storm

At the first sign of an electrical storm the event will be stopped. In this event, the organising team will inform all competitors and staff. This would be communicated on site by the PA system and loud hailer. The marshal team will assist with the evacuation to clear the arena and car park areas safely and orderly.

Event staff will be provided with sunscreen/water in hot weather and ponchos in wet weather.