

## **The Shimano Lazer West Midlands Cyclo Cross League. Round 3**

**Sunday 6<sup>th</sup> October 2019.**

**At Johnsons Coach and Bus Travel Premises, Liveridge Hill, Henley-in-Arden, B95 5QS**

**Promoted by Stratford-on-Avon CC.**

### **Car parking £2**

All car parking is in our hard surface main vehicle park. Parking will be tight. There should be enough space BUT please only take up one place – you'll be directed by our club marshals. Turbo's can only be set up on the grass edges please. Please note that I will need to charge £2 per vehicle again this year, which will contribute towards the increasing cost of laying on the event, cutting the grass, moving vehicles etc! Please ensure you take any litter home with you.

Our yard and premises is split into two. The larger vehicle park near the field will be wholly given over to the Cyclo-Cross. Please note that the first car park you come to through from the main road will be operational for our buses and coaches all day; so please do not park in there or venture in there – and certainly please do not allow children to play in there!

Additional parking will be provided in Adams yard, the entrance to which is 100 metres further north on the A3400. For all car parking please follow our marshals' instructions.

### **Headquarters**

The HQ, Cafe and Signing On will be in our workshop building as in previous years. Please note that this building is 200 metres from the start/finish area.

### **Refreshments**

Hot drinks, cake and rolls will be served from our Stratford CC café in the workshop, we'd be grateful for your support. Stratford CC members have been busy baking some delicious cakes. This year you can purchase burgers and hot dogs – (and posh coffee!) from our burger van outside caterer. This will be located adjacent to the HQ and Signing on building.

### **Toilet Facilities**

There are 5 portaloos, two for ladies, three for men, in the HQ workshop, but no shower facilities are available.

### **Course**

The course will be similar to previous year's event and course maps will be available at Signing On. The Under 6's, 8's and 10's will have a shortened course, in just the lower field. The U12's will go into the upper field but their course will be shorter than the adult/junior etc course. These 'short cuts' will be signed posted and marshalled. Parents of U6's and U8's – their course is not technical and has no hills, but if you need to help your rider at all, please make sure you do not get in the way of other riders. Remember it is forbidden to push your child past another rider! Please be fair to all.

### **Bike Change Pits**

The position for the pits and jet wash will be along right hand side of the start straight as last year. There is no water point so please bring your own. The triathlon type racks will be available to hang spare bikes for riders without a helper so please don't just leave your bike on the ground. Only one helper per rider in the pits area please. PLEASE CLEAN ANY MUD OFF BIKES AND SHOES ON THE FIELD, NOT IN THE VEHICLE PARK! – THANK YOU.

