

## **Islabikes to host first One Bike Cross event 'Quarry Cross'**

Quarry Cross is to be held on the 5<sup>th</sup> of November 2017 at Titterstone Clee Quarry near Ludlow in Shropshire.

Following the successful launch of the [One Bike Cross](#) sub category in the West Midlands Cyclo Cross League, Islabikes are hosting a standalone One Bike Cross event. As this is a One Bike 'Cross event there will be **no pit area**, riders must be on one bike (mountain bike or CX) and be entirely self-sufficient.

Think the essence of 3 peaks in a 2km CX course that includes a landscape littered with industrial debris, technical obstacles and epic views. Racing is guaranteed to be intense with a very physical course.

There will be U12s racing also and food will be provided by the ever popular Podium Catering.

### **Race Day Format**

10.00 - U8's - 10mins race

10.20 - U10's - 12-15mins race

10.45 - U12's - 15-20mins race

11.10 - 11.30 - Official Course Practice (sections of the main course will be accessible during the prior races)

11.30 - Youths - 30mins race

12.15 - Vet 50+ - 40mins race

13.05 -13.35pm - Official Course Practice

13.35 – Senior/Vet Women - 40mins race

14.30 - Junior/Senior/Vet40+ - 50mins race

For full details please visit [www.quarrycross.co.uk](http://www.quarrycross.co.uk)