

**WMCCCL Round 7 - supported by Ridley & Lazer Helmets.
MISTERTON MADNESS**

SUNDAY 22nd October 2017

'something for everyone'

Promoted by

Welland Valley Cycling Club

The venue of Misterton Hall, Lutterworth, A4034, Junction 20, M1 is a popular cross circuit which consists of an excellent mix of fast woodland, gravel paths, grassland and tarmac.

RACE DAY INFORMATION

Mrs Craven and Welland Valley Cycling Club are looking forward to welcoming all West Midlands Cyclo-cross League members and 'crossers' from other regions on Saturday to Misterton Hall for Round 7 of the WMCCCL .

Carparking.

On approach to Misterton Hall please follow the signs, you will be directed into the estate off the A4034 via Chapel Lane, Misterton. A £1:00p donation per car will be requested, this money goes directly to Misterton Hall Trust.

Please ensure you take any litter home with you.

Course details.

Under 12's and younger route -<https://www.mapmyride.com/routes/view/1822004327>

Over 12's - <https://www.mapmyride.com/routes/view/1821996878>

Head Quarters.

The HQ, First Aid and Signing On will be in the RUTLAND ROOM adjacent to the course.

Chip timing.

Blacksheep Ltd will be managing the chip timing. Please can I request all of the Under 6,8,10 & 12's return their chip promptly after their race to the race HQ.

Timetable.**Course inspection will be available from 9am**

Start Time	Category	Distance	Entry Fee
10:00	Under 6 & Under 8	10 minutes	£4
10:20	Under 10	10 minutes	£4
10:45	Under 12	15 minutes	£4
11:10 – 11:30 Course Practice			
11:30	Youth u14 & u16	30 minutes	£8
12:15	Vet 50+ Men	40 minutes	£15
13:05 – 13:35 Course Practice			
13:35	Junior Women	40 minutes	£11
13:35	Women	40 minutes	£15
14:30	Junior Men	50 minutes	£11
14:30	Senior Men	50 minutes	£15
14:30	Vet 40+ Men	50 minutes	£15

Additional Fees

- *Non registered riders above Youth categories pay an additional £3 on the above fees.*
- *Riders without a British Cycling Membership must buy a British Cycling Day Membership for insurance purposes.*

First Aid.

Gerrard Brooks - MJB First Aid Services will be based near the race HQ.

Refreshments.

Hot and cold refreshments will be served in the Rutland Room and adjacent to the finish.

Toilet Facilities.

There are toilets facilities in The Rutland Room and facilities across on the far side of the lake.

GAZEBOS/FLAGS/ TENTS.

Cycling Club Gazebos / Flags / Tents are very welcome in the start and finish meadow. Please ensure you take any litter home with you or use the bins provided.

SPECTATORS.

You are very welcome to explore the estate. Please be aware that some sections of the course do not require course marking tape. The course is designed so that in certain areas you can see the competitors 3 or 4 times in one spot.

Please use the clearly marked crossing points.

Finally.... *Many thanks to Mrs Craven.*

Mrs Craven loves hosting this and other cycling events. Her enjoyment comes from watching you all participate and the friendliness of the sport. Mrs Craven can normally be found on car park duty mid-morning! If you get the opportunity to say 'thank you' please do.

Have a cracking day's racing and enjoy.

Kind regards

Dean Barnett Organiser

WEST MIDLANDS CYCLO-CROSS LEAGUE – ROUND 7
MISTERTON HALL, Near LUTTERWORTH

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SUNDAY 22nd OCTOBER 2017

LAZER RIDLEY

