SHIMANO – LAZER HELMETS WMCCL ROUND 4

Organised by Solihull Cycling Club

Sunday 13th October 2019

Heart of England Conference and Events Centre, Meriden Rd, Fillongley, Coventry CV7 8DX

Solihull CC extends a warm welcome to all riders, officials, sponsors and supporters heading to Round 4 of the West Midlands Cyclo-Cross League. We are sure everybody will once again have a great day of racing at this popular venue.

Parking

The venue will be open from 08:45. There will be a **£3 parking charge** for all vehicles attending the event. No parking is allowed on the grass verges outside the venue. The parking fee will be collected by Solihull CC volunteers, but all the money will all go to the Heart of England Centre as payment for using the venue. Please do not try to avoid this charge. Our continued use of this excellent venue depends upon the Centre getting a reasonable return. Please be ready with the correct change on entry.

Please also note that other events may be held on the same day at the venue and the Centre's restaurant will be open for lunch. Therefore, you <u>must not</u> park in the Centre's normal visitor car park (on the left as you drive in) nor on the road outside the venue. Please park as directed by our volunteers.

Sign-on

This will be in a marquee next to the entrance into the main field. It is the same marquee used for previous races at this venue. Please leave your bikes outside and do not block the entrance. You will be given a token when you sign-on that you will need to hand in at the Timing Chip Table with your BC membership card in order to obtain your timing chip.

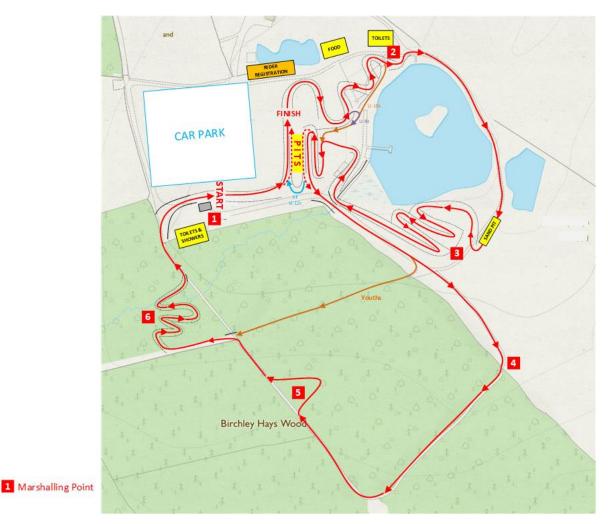
Please ensure your allocated timing chip is the same as your race number. **If you are a family and have several chips, please make sure you put the correct timing chip on the correct rider**. This is a common error. Return your timing chip to the Timing Chip Table after the race.

Event Timetable and Entry Fees

The schedule of events, entry fees, category ages are all as normal and details can be found on the Events tab of the WMCCL website at http://wmccl.co.uk/events/

The Course

The course is broadly the same as last year. There are gravel tracks, grassland and woodland sections. The following map is an indication of the course. We might vary some aspects in response to conditions at the weekend. Shorter course variations will be in place for the U-8, U-10, U-12 and U-14 races, but these will use parts of the main course, so the usual restrictions will apply to warming up during those races.



Pits

The double-sided pits are easily accessed from the car park. Please follow the route marked with cones and you will find gaps in the tape. There will be A-frame bike racks in the pits for those of you who don't have a helper. There will be a pit marshal but for safety and security, only rider helpers are allowed in the pits. Please only leave unattended bikes in the pits for the minimum amount of time as space on the A-frames is at a premium.

Changing Room and Toilets

There is a small changing room and toilets in a building on the opposite side of the car park to the Rider Registration Marquee. There will also be portable toilets next to the registration tent and there is a toilet block at Point 2 on the map.

Emergencies

In case of emergency, the nearest hospital is: George Elliot Hospital, College Street, Nuneaton, Warwickshire CV10 7DJ. However, the usual first aid services will be provided. Please bring any incidents to the attention of a race marshal or official as soon as possible.

Prizes

Prize money will be paid after the event by bank transfer. Details are on the WMCCL website. If you have already provided your bank details to the WMCCL earlier in the season you do not need to do so again. Medals will be given to the top-three in all Under-12 categories.

Food and Drink

Hot food and drinks will be on sale close to the Rider Registration tent. This is provided by the Heart of England Centre and you are encouraged to give them your custom.

Spectators

Please use the crossing points when moving around the course. There are many good spots to watch the race and the entire course is accessible. Please ensure young children are supervised at all times as there are a number of tempting structures around the course which could lead to injury if children were to climb or play on them unsupervised. Please clean up after your dog and keep dogs on leads at all times.

We hope you enjoy a great day's racing and we look forward to seeing you.

Organising Committee

Solihull Cycling Club